

## SLCO Caregiver Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**NOTE:** Please call us if you have individual support needs or have questions: **(385) 468-3280**

Date	Time	Location	Event or Class
<b>May 14</b>	11:30 am to 1:00 pm	Women’s Luncheon Support Group	A support group for women who care for their spouses or partners. Held the second Monday each month. Call Kathy at (385) 468-3281.
<b>All Wednesdays</b>	12:00 noon to 1:00 pm	Alzheimer’s Association Classes on Dementia	The Alzheimer’s Association offers monthly classes on Dementia. Call Sylvia at (801) 265-1944 for more information.
<b>May 16</b>	11:30 am to 1:00 pm	Eastside Adult Children’s Luncheon Support Group	A support group for adult children who care for parents or adult family members. Held the 3rd Wednesday of each month. Call Cynthia at (385) 468-3271.
<b>May 21</b>	11:30 am to 1:00 pm	Men’s Luncheon Support Group	A support group for men who care for their spouses or partners. Held the fourth Monday each month. Call Kathy at (385) 468-3281.
<b>May 24</b>	6:00 pm to 8:00 pm	729 Arapeen Drive, Salt Lake City, Utah	National MS Society and UofU offering: Improving Quality of Life with Ed. Gappmeier M.P.T. RSVP Required, call: 801-424-0113
<b>May 31</b>	11:30 am to 1:00 pm	Westside Adult Children’s Luncheon Support Group	A support group for adult children who care for parents or adult family members. Held the last Thursday of each month. Call Christine at (385) 468-3269.
<b>May 28</b>		<b>Offices Closed</b>	<b>Salt Lake County Government Center Offices will be closed for the Memorial Day Holiday.</b>